

Post-operative Pain Relief

Take the following medication exactly as scheduled for the next 3 days.

Ibuprofen 200 mg (2) ~~3~~, ~~4~~ tablets)

+PLUS+

Acetaminophen ES 500 mg (1) ~~2~~ tablets)

A total of 3 tablets with food and 20 oz water at:

8 am, pm, 3 pm, and 10 pm

Post-operative Pain Relief

Take the following medication exactly as scheduled for the next 3 days.

2 tablet Naproxen 220 mg

+PLUS+

1 tablet Acetaminophen ER 650 mg

Take together two times a day

8 am, pm, pm, and 8 pm

Post-operative Pain Relief

Take the following medication exactly as scheduled for the next 5 days.

Ibuprofen 200 mg (~~2~~, **3, ~~4~~ tablets)**

+PLUS+

Acetaminophen ES 500 mg (1**, ~~2~~ tablets)**

A total of 4 tablets with food and 20 oz water at:

8 am, 1 pm, 6 pm, and 11 pm



1-2 opiates for breakthrough pain

One opiate at bedtime

Post-operative Pain Relief

Take the following medication exactly as scheduled for the next 5 days.

2 tablet Naproxen 220 mg

+PLUS+

1 tablet Acetaminophen ER 650 mg

Take together two times a day

8 am, pm, pm, and 8 pm

Take 1-2 opioid
between
these doses



Take one opioid
at bedtime